**I DO ARRT**

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| **Intention****目的** |  |
| **Desired Outcome****目標・目指す成果** |  |
| **Agenda****全体の流れ・やること** |  |
| **Rules****お約束事** |  |
| **Roles and Responsibilities****参加者に求めることと責任** |  |
| **Time****時間割** |  |